

# Exhibit 4

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**Education and Training**

1985-1989 Yale University (BA, Humanities; *summa cum laude*)  
New Haven, CT

1989-1990 University of Beijing (Mandarin Chinese)  
Beijing, China

1992-1995 Stanford University School of Medicine (MD)  
Stanford, CA

1995-1997 Residency, Pathology  
Stanford University School of Medicine, Stanford, CA

1997-1998 Internship, Internal Medicine  
Highland Hospital, Alameda, CA

1998-2000 Residency, Psychiatry  
Stanford University School of Medicine, Stanford, CA

2000-2002 Fellowship in Mood Disorders, Psychiatry and Behavioral Sciences  
Stanford University School of Medicine, Stanford, CA

**Honors and Awards**

1989 Yale University  
*Summa cum laude* in Humanities

1989 Yale University  
Outstanding Contributor to Community Life Award

1989 Yale University  
Yale-China Fellowship

1995 Stanford University School of Medicine  
Outstanding Teacher in Structural Biology Award

1999 Janssen Scholar  
Research on Severe Mental Illness Award

2000 Medical Education and Research Foundation (MERF)  
Travel Scholarship Award

2000 American Psychiatric Association and Lilly Psychiatric  
Research Award

2000 National Institute of Mental Health  
Research Fellowship Award

2002 American College of Psychiatrists  
Laughlin Fellowship Award

2009 Alcohol Medical Scholars Program  
Scholarship Award

2011 Association of Medical Education and Research Substance Abuse  
Travel Scholarship Award

2013 Stanford University School of Medicine  
Faculty Fellowship Award

2014 Stanford University School of Medicine Department of Psychiatry  
Excellence in Academic Teaching Award

2015 Stanford University School of Medicine Department of Psychiatry  
Chairman's Clinical Innovation Award

2017 Johns Hopkins Bayview Internal Medicine  
Visiting Professorship Award

2018 Vanderbilt University School of Medicine  
Flexner's Deans' Lecture Award

2018 University of Kansas School of Medicine  
Alpha Omega Alpha Visiting Professorship Award

2018 Evanston Township High School  
Distinguished Alumni Award

2018 Stanford University School of Medicine Department of Psychiatry  
Excellence in Academic Teaching Award

## **Academic and Clinical Appointments**

### ***Current Appointments***

2012-present Chief, Addiction Medicine Dual Diagnosis Clinic  
Department of Psychiatry and Behavioral Sciences  
Stanford University School of Medicine, Stanford, CA

2013-present Program Director, Addiction Medicine Fellowship  
Department of Psychiatry and Behavioral Sciences  
Stanford University School of Medicine, Stanford, CA

2016-present Courtesy Appointment  
Department of Anesthesiology and Pain Medicine  
Stanford University School of Medicine, Stanford, CA

2017-present Medical Director, Addiction Medicine  
Stanford Health Care and Stanford University Hospital, Stanford, CA

2017-present Associate Professor of Psychiatry and Behavioral Sciences  
Stanford University School of Medicine, Stanford, CA

### ***Prior Appointments***

2010-2017 Assistant Professor  
Department of Psychiatry and Behavioral Sciences  
Stanford University School of Medicine, Stanford, CA

2003-2010 Instructor  
Department of Psychiatry and Behavioral Sciences  
Stanford University School of Medicine, Stanford, CA

## **Other Previous Employment**

1991-1992 Bilingual Teacher (grades K-8), State Certified in Chinese (Mandarin)  
Healy Elementary School, Chicago, IL

1989-1990 English Teacher, Yali Middle School  
Changsha, China

## **Medical Licensure and Specialty Board Certification**

1995 California medical license #A62241

2003 Diplomate, American Board of Psychiatry and Neurology  
Certificate #51988; recertified 2/18/2013

2012      Diplomate, American Board of Addiction Medicine  
Certificate #2012288; certified 12/15/2012 (Exp date 12/31/2022)

2013      DEA-X waivered to prescribe buprenorphine products

### **Educational Leadership**

2003-2005      Chair, Curriculum Committee  
Department of Psychiatry and Behavioral Sciences  
Stanford University School of Medicine

2009-present      Course Director, CME-accredited monthly Stanford seminar series for community physicians - “Closing the Gap: Moving towards Best Practices in Psychiatry”

2012-2014      Principal Organizer and Lecturer of the free Buprenorphine Certification Course and CURES registration for Stanford University

2013-present      Program Director, Addiction Medicine Fellowship  
Department of Psychiatry and Behavioral Sciences  
Stanford University School of Medicine

2014      Expert Consultant, Alcohol and Women Task Force  
Office of the Vice Provost for Student Affairs, Stanford University

2014-2016      Annual Medical Student Town Hall Meetings on Wellness and Professionalism (Issues of Substance Use and Addiction)  
Office of the Dean of the School of Medicine, Stanford University

2015-2016      Expert Consultant, Alcohol and Other Drug (AOD) Subcommittee of the Mental Health and Well-Being Advisory Committee  
Stanford University

2016-present      Chair, Addiction Medicine Task Force  
Stanford University School of Medicine  
(Goal: to create a new curriculum for addiction medicine and safe opioid prescribing for medical students)

2017-present      Committee on Professionalism  
Stanford University School of Medicine

## **Teaching and Mentoring**

### ***Stanford University School of Medicine Ongoing Lecture Series***

2002-present Course Director, Addiction Medicine, Stanford University School of Medicine

2009-present Course Director, Stanford CME series “Closing the Gap in Psychiatry”

2012-present Course Lecturer, Substance Use Disorders, Stanford Child Psychiatry Fellowship

2012-present Course Lecturer, Substance Use Disorders, Stanford Palliative Care Fellowship

2012/’14/’16 Biennial lecture on addiction medicine to Stanford undergraduates as part of the Hum Bio Molecular and Cellular Physiology 256 seminar

### ***Stanford University School of Medicine Clinical Supervision (weekly year round)***

2002-present Inpatient Psychiatry Medical Students, Residents/Fellows

2010-present Addiction Med/Dual Dx Clinic Medical Students, Residents/Fellows

2013-present Pain and Addiction Clinic Addiction Medicine/Pain Fellows

### ***Stanford University School of Medicine MedScholars Advisor***

2016 MedScholar Advisor for Inbar Raber, *Qualitative Assessment of Clerkship Students’ Perspectives of Pain and Addiction Curriculum at Stanford*, Stanford University School of Medicine, Stanford, California

2017 MedScholar Advisor for Alex Ball, *Developing the Addiction Curriculum at Stanford*, Stanford University School of Medicine, Stanford, California

### ***Stanford University and Palo Alto University PsyD Consortium Dissertation Review***

2016 Dissertation Advisor and Review Committee Member for Jennifer Bielenberg, PsyD Consortium, Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine, Stanford, California

2017 Dissertation Chair and Review Committee Chair for Shelby Schwartz, PsyD Consortium, Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine, Stanford, California

2018 Dissertation Chair and Review Committee Chair for Julia Yasser, PsyD Consortium, Department of Psychiatry and Behavioral Sciences, Stanford

University School of Medicine, Stanford, California

**Professional Associations**

2011-present Member, American Society of Addiction Medicine (ASAM)

2011-present Member, California Society of Addiction Medicine (CSAM)

2015-present Board Member, California Society of Addiction Medicine (CSAM)

2011-2016 Member, Association of Medical Education and Research in Substance Abuse (AMERSA)

2016-2018 President, Addiction Medicine Fellowship Directors Association (AMFDA)

2019-2021 Board Member, American College of Academic Addiction Medicine (ACAAM)

**Regional and National Service**

***Professional Societies and Advisory Boards and Committees***

2012-2015 Facilitator, California Society of Addiction Medicine Annual Conference, San Francisco, California

2013-present Member, Public Policy Committee, California Society of Addiction Medicine

2013-2014 Representative, American Board of Addiction Medicine Practice Improvement and Performance Measures Action Group (PIP MAG)

2013-present Representative, American Board of Addiction Medicine Fellowship Development Working Group

2013-present Board Member, Medical Education and Research Foundation (MERF) for the Treatment of Addiction

2014-present Board Member, California Society of Addiction Medicine Education Committee

2014-present Board Member, California Society of Addiction Medicine State-of-the-Art Conference Planning Group

2015-present Elected to the Board of Directors, Member at Large, California Society of Addiction Medicine

2015-2016 American Society of Addiction Medicine representative to the PCORI Workshop: *Long-Term Use of Opioids for Chronic Pain*

2015-2017 Appointed by Governor Jerry Brown to the California Research Advisory Panel, January 2015

2015-present Member, Public Policy Committee, American Society of Addiction Medicine

2015-2016 Chair of the Conference Planning Committee for the Annual Addiction Medicine Review Course, California Society of Addiction Medicine

2016-2017 Invited Board Member, Physicians for Responsible Opioid Prescribing (PROP)

2016-2017 Vice-Chair of the Planning Committee, California Society of Addiction Medicine Annual Conference

2016-2018 President, Addiction Medicine Fellowship Directors Association (AMFDA)

#### ***Editorial Work***

2003-2004 Guest Editor, *Academic Psychiatry*, Issue on Women in Academia

2013-2014 Reviewer, *How to Find Quality Addiction Treatment* CASAColumbia Patient Guide

2014-2017 Associate Editor, *Addiction Science and Clinical Practice (ASCP)*

#### ***Ad-Hoc Manuscript/Report Review***

*Academic Psychiatry*  
*Addiction*  
*Addiction Science and Clinical Practice*  
*Agency for Healthcare Research and Quality (AHRQ)*  
*American Journal of Psychiatry*  
*Archives of General Psychiatry*  
*Asian Journal of Psychiatry*  
*Biological Psychiatry*  
*Bipolar Disorder*  
*British Medical Journal*  
*Culture, Medicine, and Psychiatry*  
*Current Biomarker Findings*  
*Expert Opinion on Pharmacotherapy*

*Expert Review of Neurotherapeutics*  
*General Hospital Psychiatry*  
*Healthcare: The Journal of Delivery Science and Innovation*  
*Journal of Addiction Science and Clinical Practice*  
*Journal of Affective Disorders*  
*Journal of the American Medical Association*  
*Journal of Psychiatric Research*  
*Journal of Studies on Alcohol and Drugs*  
*Medical Journal of Australia*  
*New England Journal of Medicine*  
*New Recovery Community Institutions*  
*Pain Medicine*  
*Psychological Medicine*  
*Rationality and Society*  
*Sociologic Forum*  
*Substance Abuse*

### **Current Funding**

2015-2020      Funder: National Institute of Alcohol Abuse & Alcoholism  
                    Title: CNS Deficits: Interaction of Age & Alcoholism, R01 AA005965  
                    Role: Investigator (MPI: Pfefferbaum & Zahr)

2018-2019      Funder: Department of Governmental Relations, Stanford Hospital/Clinics  
                    Title: Addiction Medicine Peer Mentor Program  
                    Role: Investigator (MPI: Chesler and Gallagher)

2018-20120      Sponsor: Soberlink  
                    Title: Using Remote Monitoring Devices in the Treatment of Alcohol Withdrawal  
                    Role: Primary Investigator

### **Previous Funding**

2000-2001      Funder: American Psychiatric Association and Eli Lilly Training Grant  
                    Title: Facial Emotion Processing in Patients with Bipolar Disorder  
                    Role: PI

2001-2002      Funder: National Institute of Mental Health Research Fellowship  
                    Title: Facial and Vocal Emotion Processing in Mood Disorders  
                    Role: PI

2001-2003      Funder: National Institute of Mental Health  
                    Title: Systematic Treatment Enhancement Program for Bipolar Disorder

Role: Site-Investigator (PI: Sachs, Mass General)

2008-2010 Funder: National Institute of Mental Health  
Title: HPA Axis in Psychotic Depression, 2 RO1 MH050604-12  
Role: Co-Investigator (PI: Schatzberg)

2009-2014 Funder: National Institute on Drug Abuse  
Title: Extended Treatment for Smoking Cessation, R01 DA017441  
Role: Co-Investigator (PI: David)

2011-2014 Funder: National Institute of Health  
Title: Genetics of Symptomatology and Treatment Response in Depression  
Role: Investigator (PI: Murphy)

2012-2015 Funder: Michael Alan Rosen Foundation  
Title: Screening and Brief Intervention for Substance Misuse/Abuse  
Role: Co- PI (Co-PI: Humphreys)

2013-2014 Funder: Stanford Center at Peking University (SCPKU)  
Title: Narratives of Addiction in Contemporary China  
Role: PI

2014-2015 Funder: Peter F. McManus Charitable Trust, SPO #112718  
Title: Exploring Physician Opioid Prescribing Using a Novel Approach to Data Mining of Medical Records  
Role: PI

2014-2015 Funder: American Board of Addiction Medicine/Conrad N. Hilton Foundation  
Title: 2014 Next Generation Award for Adolescent Substance Use Prevention  
Role: PI

2014-2015 Funder: Stanford Center for Continuing Medical Education (SCCME)  
Title: Prescription Drug Abuse – Compassionate Care for a Complex Problem  
Role: PI

2015-2016 Funder: American Board of Addiction Medicine/Conrad N. Hilton Foundation  
Title: 2015 Next Generation Award for Adolescent Substance Use Prevention  
Role: PI

2016-2017 Funder: Stanford Center for Continuing Medical Education (SCCME)

Title: Tapering Patients off of Chronic Opioid Therapy  
Role: PI

2017      Funder: VA Center for Innovation to Implementation  
Title: The Hidden Role of Benzodiazepines in the Prescription Drug  
Epidemic  
Role: Small grant awardee

## Bibliography

### *Peer-Reviewed Original Research*

1. Crowley RS, **Lembke A**, Horoupiian DS. Isolated Meningeal Vasculopathy Associated with Clostridium Septicum Infection *Neurology* 1997; 48(1):265-7.
2. **Lembke A**, Ketter TA. Impaired Recognition of Facial Emotion in Mania *American Journal of Psychiatry* 2002; 159(2):302-4.
3. Menon V, Levitin DJ, Smith BK, **Lembke A**, Krasnow BD, Glazer D, Glover GH, McAdams S. Neural Correlates of Timbre Change in Harmonic Sounds *Neuroimage* 2002; 17(4):1742-54.
4. Janenawasin S, Wang PW, **Lembke A**, Schumacher M, Das B, Santosa CM, Mongkolcheep J, Ketter TA. Olanzapine in Diverse Syndromal and Subsyndromal Exacerbations of Bipolar Disorders *Bipolar Disorders* 2002; 4(5):328-34.
5. DeBattista C, **Lembke A**, Solvason HB, Ghebremichael R, Poirier J. A Prospective Trial of Modafinil as an Adjunctive Treatment of Major Depression. *Journal of Clinical Psychopharmacology* 2004; 24(1):87-90.
6. **Lembke A**, Miklowitz D, Otto M, Wisniewski S, Sachs N, Thase M, Ketter TA. Psychosocial Service Utilization by Patients with Bipolar Disorders. *Journal of Psychiatric Practice* 2004; 10(2):81-87.
7. Miklowitz, D.J., Otto, M.W., Wisniewski, S.R., Araga, M., Frank, E., Reilly-Harrington, N.A., **Lembke, A.**, Sachs, G.S. Psychotherapy, Symptom Outcomes, and Role Functioning Over One Year among Patients with Bipolar Disorder. *Psychiatric Services* 2006; 57(7):959-65.
8. **Lembke, A.**, Bradley, K.A., Henderson, P., Moos, R. Harris, A.H.S., Alcohol Screening Scores and the Risk of New-Onset Gastrointestinal Illness or Related Hospitalization. *Journal of General Internal Medicine*, 2011; 26(7):777-782.
9. Che, A., Gomez, R., Keller, J., **Lembke, A.**, Tennakoon, L., Cohen, G., Schatzberg, A., The relationships of positive and negative symptoms with neuropsychological functioning and their ability to predict verbal memory in psychotic major depression. *Psychiatry Research*, 2012; 198(1):34-8. *Served as study physician and contributed to*

*manuscript preparation.*

10. Harris, A.H.S., **Lembke, A.**, Henderson, P., Gupta, S., Moos, R., & Bradley, K.A. Risk of Future Trauma Based on Alcohol Screening Scores: A Two-Year Prospective Cohort Study Among US Veterans. *Addiction Science & Clinical Practice*, 2012; 7(1):6. *Contributed to data analysis and manuscript preparation.*
11. **Lembke, A.**, Gomez, R., Tenakoon, L., Keller, J., Cohen, G., Williams, G. H., Kraemer, F.B., Schatzberg, A.F., The mineralocorticoid receptor agonist fludrocortisone, differentially inhibits pituitary-adrenal activity in humans with psychotic major depression. *Psychoneuroendocrinology*, 2012, 38(1):115-121.
12. Del Re, A.C., Gordon, A.K., **Lembke, A.** Harris, A.H.S., Utilization of Topiramate to Treat Alcohol Use Disorders in the Veterans Health Administration. *Addiction Science and Clinical Practice*, 2013;8(12). *Contributed to data analysis and manuscript preparation.*
13. Harris, AHS, Ellerbe, L, Reeder, RN, Bowe, T, Gordon, AJ, Hagedorn, H, Oliva, E, **Lembke, A**, Kivlahan, D, Trafton, JA. Pharmacotherapy and Alcohol Dependence: Perceived treatment barriers and action strategies among Veterans Health Administration service providers. *Psychological Services*, 2013; 10(4):410-419. *Contributed to data analysis and manuscript preparation.*
14. Kelley, R., Garrett, A., Cohen, J., Gomez, R., **Lembke, A.**, Keller, J., Reiss, A.L., Schatzberg, A. Altered brain function underlying verbal memory encoding and retrieval in psychotic major depression. *Psychiatry Research: Neuroimaging*, 2013; 38 (1):115-121. *Served as study physician and contributed to manuscript preparation.*
15. Yuen KW, Garner JP, Carson DS, Keller J, **Lembke A**, Hyde SA, Kenna HA, Tennakoon L, Schatzberg AF, Parker KJ. Plasma oxytocin concentrations are lower in depressed vs. healthy control women and are independent of cortisol. *Journal of Psychiatric Research*, 2014; 51:30-6. *Served as study physician and contributed to manuscript preparation.*
16. Schatzberg AF, Keller J, Tennakoon L, **Lembke A**, Williams G, Kraemer FB, Sarginson JE, Lazzeroni LC, Murphy GM. HPA axis genetic variation, cortisol and psychosis in major depression. *Molecular Psychiatry*, 2014; 19(2):220-7. *Served as study physician and contributed to manuscript preparation.*
17. Maclean D, Gupta S, **Lembke A**, Manning CD, Heer J. Forum77: An Analysis of an Online Health Forum Dedicated to Addiction Recovery. *ACM Computer-Supported Cooperative Work (CSCW)*, <https://idl.cs.washington.edu/papers/forum77/>; 2015; Best Paper Honorable Mention. *Contributed to data analysis and manuscript preparation.*
18. **Lembke, A.**, Cheng, Niushen. A Qualitative Study of Treatment-Seeking Heroin

Users in Contemporary China, *Addiction Science and Clinical Practice*, 2015;10:23.

19. Chen, J., Humphreys, K., Shah, N.H., **Lembke, A.** Distribution of Opioids by Different Types of Medicare Prescribers, *JAMA Internal Medicine*, 2016; 176(2):259-261.
20. Haug, N.A., Bielenberg, J., Linder, S. H., **Lembke, A.** Assessment of provider attitudes toward #naloxone on Twitter. *Substance Abuse*, 2016; 37(1):35-41.
21. **Lembke, A.**, Chen, J. Use of Opioid Agonist Therapy for Medicare Patients in 2013. *JAMA Psychiatry*, 2016;73(9):990-992. doi:10.1001/jamapsychiatry.2016.1390
22. Keller, J., Gomez, R., Williams, G., **Lembke, A.**, Lazzeroni, L., Murphy, G.M. Jr, Schatzberg, A.F. HPA Axis in Major Depression: Cortisol, Clinical Symptomatology, and Genetic Variation Predict Cognition, *Molecular Psychiatry*, Feb; 19(2): 220–227. doi: 10.1038/mp.2016.120 2016. *Served as study physician and contributed to manuscript preparation.*
23. Stein, M., Kanabar, M., Anderson, B.J., **Lembke, A.**, Bailey, G.L. Reasons for Benzodiazepine Use Among Persons Seeking Opioid Detoxification, *Journal of Substance Abuse Treatment*, 2016; September; 68: 57–61. *Contributed to data analysis and manuscript preparation.*
24. Leyro, T. M., Crew, E. E., Bryson, S. W., **Lembke, A.**, Bailey, S. R., Prochaska, J. J., Henriksen, L., Fortmann, S. P., Killen, J. D., Killen, D. T., Hall, S. M., David, S. P. Retrospective analysis of changing characteristics of treatment-seeking smokers: implications for further reducing smoking prevalence. *BMJ* 2016; 6 (6). *Served as study physician and contributed to manuscript preparation.*
25. Laude, J. R., Bailey, S. R., Crew, E., Varady, A., **Lembke, A.**, McFall, D.,David, S. P. (2017). Extended treatment for cigarette smoking cessation: A randomized control trial. *Addiction*. <https://doi.org/10.1111/add.13806>
26. Prekupec, M.P., Sussman, R.S., Sher, Y., **Lembke, A.** Relapse on ketamine followed by severe and prolonged withdrawal: A cautionary case and review of potential medical therapies. *J Nat Sci*, 3(10):e450, 2017.
27. Raber, I., Ball, A., Papac, J., Aggarwal, A., Sussman, R., Basaviah, P., Newmark, J. **Lembke, A.** Qualitative Assessment of Clerkship Students' Perspectives of the Topics of Pain and Addiction in their Preclinical Curriculum, *Academic Psychiatry*, 2018;42:664, doi: 10.1007/s40596-018-0927-1
28. Raheemullah, A., **Lembke, A.** Initiating Opioid Agonist Treatment for Opioid Use Disorder in the Inpatient Setting: A Teachable Moment, *JAMA Internal Medicine*, 2019

***Peer Reviewed Perspectives and Reviews***

29. **Lembke A.** A Piece of My Mind: "A letter from the foreign legion" *JAMA*, 1996; 276(21):1704.
30. Barry JJ, Huynh N, **Lembke A.** Depression in Individuals with Epilepsy *Current Treatment Options in Neurology*, 2000; 2(6):571-585.
31. **Lembke A.** "Mind" and "Brain" *American Journal of Psychiatry*, 2001; 158(11):1939-1940.
32. DeBattista C, Trivedi M, Kern J, **Lembke A.** The Status of Evidence-Based Guidelines and Algorithms in the Treatment of Depression *Psychiatric Annals*, 2002; 32(11):658-663.
33. Sommer B, Fenn H, P. P, DeBattista C, **Lembke A**, Wang P, Flores B. Safety of Antidepressants in the Elderly. *Expert Opinion on Drug Safety*, 2003; 2(4):367-383.
34. **Lembke A.** A Friday in the Life of an Academic Psychiatrist *Academic Psychiatry*, 2003; 27(3):214-215.
35. Barry J.J., **Lembke A.**, Bullock K.D.. Current Status of the Utilization of Antiepileptic Treatments in Mood, Anxiety and Aggression: Drugs and devices. *Clinical EEG and Neuroscience*, 2004; 35(1):4-13. *Contributed to manuscript preparation.*
36. **Lembke, A.** Why is this Special Issue on Women's Professional Development in Psychiatry Necessary? *Academic Psychiatry*, 2004 28(4):275-277.
37. Debattista, C., **Lembke, A.**, Update on Augmentation of Antidepressant Response in Resistant Depression. *Current Psychiatry Report*, 2005; 7(6):435-40.
38. **Lembke A**, Johnson K, DeBattista C. Depression and Smoking Cessation: Does the Evidence Support Psychiatric Practice? *Neuropsychiatric Disease and Treatment*, 2007; 3(4):1-7.
39. DeBattista, C, **Lembke, A.** Psychotic Major Depression: Phenomenology and the Pursuit of Optimal Treatment. *Primary Psychiatry*, 2008; 15(4):59-64.
40. Schatzberg, A.F., Solvason, H.B., Keller, J., **Lembke, A.** Antidepressant Interventions in the HPA system. *Journal of Affective Disorders*, 2008; 107(Suppl.1):S40-S41.
41. **Lembke, A.** Depressed Smokers: A Guide to Treatment Based on the Evidence. *Depression: Mind and Body*, 2009;4(3):96-101.

42. **Lembke, A.** Optimal Dosing of Lithium, Valproic Acid, and Lamotrigine in the Treatment of Mood Disorders. *Primary Psychiatry*, 2009; 16(10):33-38.
43. **Lembke, A.**, Humphreys, K., Moderation Management: A Mutual-Help Organization for Problem Drinkers who are not Alcohol Dependent. *Journal of Groups in Addiction and Recovery*, 2012; 7(2-4):130-141.
44. **Lembke, A.** Time to Abandon the Self-Medication Hypothesis in Patients with Psychiatric Disorders. *The American Journal of Drug and Alcohol Abuse*, 2012, 38(6):524-529.
45. **Lembke, A.** Why doctors prescribe opioids to known opioid abusers. *New England Journal of Medicine*. October 25, 2012; 367(17):1580-1581
46. **Lembke, A.** From Self-Medication to Intoxication: Time for a Paradigm Shift. *Addiction*, 2013; 108(4):670-671.
47. Humphreys, K., **Lembke, A.** Recovery oriented policies and care systems in the U.K. and the USA. *Drug and Alcohol Review*, 2014; 33 (1):13-18.
48. **Lembke, A.**, Humphreys, K. A Call to Include People with Mental Illness and Substance Use Disorders Alongside 'Regular' Smokers in Smoking Cessation Research, *Tobacco Control*, 2015;25(3):261-2.
49. **Lembke, A.**, Humphreys, K., Newmark, J. Weighing the Risks and Benefits of Chronic Opioid Therapy, *American Family Physician*, 2016; 93(12):982-990.
50. Ogbonna, C., **Lembke, A.** Tapering Patients Off of Benzodiazepines, *American Family Physician*, 2017 Nov 1;96(9):606-608.
51. **Lembke, A.** The Opioid Epidemic is a Symptom of our Faltering Health Care System, *The British Medical Journal*, published online October 30, 2017 <http://blogs.bmjjournals.org/bmjjournals/2017/10/31/anna-lembke-the-opioid-epidemic-is-a-symptom-of-our-faltering-healthcare-system/>
52. **Lembke, A.** Why Addiction Should Be Considered a Disease, *Judges' Journal*, 2018 Jan; Volume: 57 Issue: 1
53. **Lembke, A.** Ottestad, E., Schmiesing, C. Patients Maintained on Buprenorphine for Opioid Use Disorder Should Continue Buprenorphine Through the Perioperative Period, *Pain Medicine*, 2018 <https://doi.org/10.1093/pain/pny019>
54. **Lembke, A.**, Papac, J., Humphreys, K. Our Other Prescription Drug Problem, *NEJM*, Feb 22, 2018.
55. **Lembke, A.**, Humphreys, K. The Opioid Epidemic as a Watershed Moment for

Physician Training in Addiction Medicine, *Academic Psychiatry*, 2018.

56. Harrison, T. K., Kornfeld, H., Aggarwal, A. K., & **Lembke, A.** Perioperative Considerations for the Patient with Opioid Use Disorder on Buprenorphine, Methadone, or Naltrexone Maintenance Therapy. *Anesthesiology Clinics*, 2018; 36(3), 345–359. <https://doi.org/10.1016/j.anclin.2018.04.002>

#### **Peer-Reviewed Online CME Courses**

1. **Lembke, A.** *Prescription Drug Misuse and Addiction: Compassionate Care for a Complex Problem*: Enduring Online Course, Stanford Center for Continuing Medical Education, Stanford, California <https://med.stanford.edu/cme/courses/online/rx-drug-misuse.html>
2. **Lembke, A.** *Tapering Patients Off of Chronic Opioid Therapy*, Enduring Online Course, Stanford Center for Continuing Medical Education, Stanford, California, <https://med.stanford.edu/cme/courses/online/opioid-taper.html>

#### **Book Chapters**

1. Barry JJ, **Lembke A**, Huynh N: Affective Disorders in Epilepsy, in *Psychiatric Issues in Epilepsy: A Practical Guide to Diagnosis and Treatment*. Edited by Ettinger AB, Kanner AM. Philadelphia, Lippincott Williams and Wilkins, 2001, pp 45-72
2. Ketter T, Wang P, Dieckmann N, **Lembke A**, Becker O, Camilleri C: Brain Anatomic Circuits and the Pathophysiology of Affective Disorders, in *Brain Imaging in Affective Disorders*. Edited by Soares J. New York, Marcel Dekker, Inc., 2002, pp 79-118
3. Ketter T, Wang P, **Lembke A**, Sachs N: Physiological and Pharmacological Induction of Affect, in *The Handbook of Affective Science*. Edited by RJ D, KR S, HH G. New York, Oxford University Press, 2002, pp 930-962
4. Constantino MJ, **Lembke A**, Fischer C, Arnow BA: Adult Depression: Characteristics, Burdens, Models, and Interventions, in *Mental Disorders of the New Millennium, vol 1: Behavioral Issues*. Edited by Plante RG, Praeger Publishers, 2006, pp. 139-166
5. Barry JJ, **Lembke A**, Gisbert PA, Gilliam F. Affective Disorders in Epilepsy, in *Psychiatric Issues in Epilepsy*. Edited by Ettinger AB, Kanner AM. Philadelphia, Lippincott Williams & Wilkins, 2007, pp 203-247
6. **Lembke A**, DeBattista C. Review of a Randomized-Controlled Trial of Adjunctive Bupropion in the Treatment of SSRI-Induced Sexual Dysfunction, in *Progress in Neurotherapeutics and Neuropsychopharmacology*, vol 2. Edited by

Cummings JL, Cambridge University Press, 2007, pp 187-192

7. **Lembke, A**, Humphreys, K. Alcoholics Anonymous, in *Encyclopedia of Drugs, Alcohol & Addictive Behavior*, 3<sup>rd</sup> Edition. Edited by Korsmeyer P and Kranzler H, Macmillan Reference USA, 2008, pg. 122
8. Cohen, G., **Lembke, A**. Childhood Behavior and Later Substance Use, in *Encyclopedia of Drugs, Alcohol & Addictive Behavior*, 3<sup>rd</sup> Edition. Edited by Korsmeyer P and Kranzler H, Macmillan Reference USA, 2008
9. **Lembke A**, Humphreys K. Chapter 26: Substance Use Disorder Presenting as a Mood Disorder in *How To Practice Evidence Based Psychiatry: Basic Principles and Case Studies*. Edited by Taylor CB, APPI, Washington, D.C., 2009 , pp 233-246
10. **Lembke, A.**, Humphreys, K. Moos, R. Diagnosis, Development, and Treatment of Substance Use Disorders among Adolescents and Young Adults, in *Stanford School of Medicine Handbook of Developmental Psychiatry*. Edited by Steiner, H, NY, Jossey/Bass/Wiley, 2010, pp. 365-396
11. **Lembke, A.**, & Humphreys, K. What self-help organizations tell us about the syndrome model of addiction. In Shaffer HJ (Editor-in-Chief), LaPlante DA and Nelson SA (Associate Editors), *APA Addiction Syndrome Handbook: Vol. 2. Recovery, Prevention, and other Issues*, Washington, DC: American Psychological Association, 2012, pp. 157–168
12. **Lembke, A.**, Stanford, M. Clinical Management of Alcohol Use Disorders in the Neurology Clinic, *Handbook of Clinical Neurology*, Vol 125, 3rd Series, *Alcohol and the Nervous System* 1E, Edited by Sullivan, EV Pfefferbaum, A, Elsevier, 2014
13. Hall R, **Lembke A**. Substance Use Disorders in Adolescence. In: Steiner H (Ed) with Hall R. *Treating Adolescents* (2nd Edition). Westford, Massachusetts: Wiley, 2015, pp 141-164
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15. **Lembke, A.**, Moderation management. In S. Martin (Ed.), *The SAGE encyclopedia of alcohol: Social, cultural, and historical perspectives*. (Vol. 13, pp. 872-874). Thousand Oaks, CA: SAGE Publications, Inc. 2015 doi: <http://dx.doi.org/10.4135/978148331096.n334>

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17. Ogbonna C, **Lembke A.** Alcohol and substance use and co-occurring behaviors. In Roberts LW (editor). University Student Mental Health: A Guide for Psychiatrist, Psychologists, and Leaders Serving in Higher Education. Arlington, VA: American Psychiatric Publishing, Inc., 2018.
18. **Lembke, A.**, Raheemullah, A. Addiction and Exercise. In Noordsy DL, (editor). Lifestyle Psychiatry: Using Exercise, Diet and Mindfulness to Manage Psychiatric Disorders. Washington DC: American Psychiatric Publishing. (In press)

#### ***Other Publications***

1. **Lembke, A.** A Psychosocial Approach to Postpartum Depression *Psychiatric Times* 2002; XIX(6):11
2. **Lembke, A.** A downside of electronic health records: How 90 percent of Merced County, California patients became Albanian, *Scope*, the Stanford University School of Medicine blog, October 11, 2012.
3. **Lembke, A.** To reduce use, educate teens on the risks of marijuana and prescription drugs, *Scope*, the Stanford University School of Medicine blog, October 18, 2012.
4. **Lembke, A.** Why doctors prescribe opioids to patients they know are abusing them, *Scope*, the Stanford University School of Medicine blog, October 25, 2012.
5. **Lembke, A.** How to make alcoholics in recovery feel welcome this holiday season, *Scope*, the Stanford University School of Medicine blog, December 10, 2012.
6. **Lembke, A.** The DSM-V Gets it Right. *The Fix*, April 11, 2013.
7. **Lembke, A.** Inside the Mind of an Addiction Medicine Physician, *The Fix*, December 4, 2014.
8. **Lembke, A.** Unmet Expectations: Testifying before Congress on the Opioid Abuse Epidemic, *Scope*, the Stanford University School of Medicine blog, April 29, 2015
9. **Lembke, A.** Ask an Expert. Should I go off Suboxone? If so, how? *The Fix*, April 29, 2015

10. **Lembke, A.** Ask an Expert: Should I Go Through Detox if I'm Not Sure I Want to Be Abstinent? *The Fix*, May 10, 2016
11. **Lembke, A.** Prince, opioids and the rest of us: America needs a massive public education campaign to help people hooked on Percocet and related drugs, *New York Daily News Op-Ed*, May 11, 2016
12. **Lembke, A.** Be sure to check the PDMP before prescribing controlled medications, *Psychiatric News*, June 17, 2016  
<http://psychnews.psychiatryonline.org/doi/full/10.1176/appi.pn.2016.pn6b2>
13. **Lembke, A.** The Compassionate Doctor, the Narcissistic Injury, and the Prescription Opioid Epidemic. *The Fix*, Nov 30, 2016  
<https://www.thefix.com/compassionate-doctor-narcissistic-injury-and-prescription-opioid-epidemic>
14. **Lembke, A.** Commentary provided in response to Joseph Bernstein's "Not the Last Word: Viscosupplementation, Opioid Overuse, and the Excesses of Empathy", *Clin Orthop Relat Res* (2017) 475:2369–2372
15. **Lembke, A.** Purdue Pharma is Done Promoting Opioids: Here's Why It's a Big Deal, *Fortune Magazine*, Feb 2018 <http://fortune.com/2018/02/13/purdue-pharma-oxycontin-opioid-crisis/>
16. **Lembke A.** Can medical marijuana replace opioids to relieve cancer pain? HemOnc Today. 2018;19(24):13.

**Books**

1. **Lembke, A.** *Drug Dealer, MD: How Doctors Were Duped, Patients Got Hooked, and Why It's So Hard to Stop*, Johns Hopkins University Press, November 15, 2016

**Selected Invited Lectures/Testimony (last 5 years)**

***Regional Audience***

1. Jan 2014 *The Overlooked Addict*, Psychiatry Grand Rounds, San Mateo County Health Systems Grand Rounds, San Mateo, CA
2. Mar 2014 *Patient, Providers, and Prescription Drug Abuse*, Dominican Santa Cruz Hospital CME Program and the Medical Education Speakers Network, Santa Cruz, CA
3. Mar 2014 *Prescription Drug Abuse: A Biopsychosocial Approach to a Complex Problem*, Psychiatry Grand Rounds, Alta Bates Summit Medical Center, Berkeley, CA

4. April 2014 *Prescription Drug Abuse: The Relapsed Addict*, Primary Care, San Mateo County Health Systems Grand Rounds, San Mateo, CA
5. Apr 2014 *The Opioid Epidemic: Pain and Prescription Drug Abuse*, Psychiatry Grand Rounds, Stanford University School of Medicine, Stanford, CA
6. July 2014 *The Intersection of Substance Abuse and Family Abuse*, Family Abuse Prevention Council, Stanford University School of Medicine, Stanford, CA
7. July 2014 *Prescription Drug Abuse and the Drug Seeking Patient*, Medicine Grand Rounds, Santa Clara Valley Medical Center, Santa Clara, CA
8. Sept 2014 *Buprenorphine as an Analgesic?* Addiction Services Grand Rounds, Santa Clara Valley Medical Center, Santa Clara, CA
9. Sept 2014 *Prescription Drug Abuse: A Prisoner's Dilemma*, Psychiatry CME Course, Kaiser Permanente Medical Center, San Jose, CA
10. Nov 2014 *Pain, Addiction, and the Drug-Seeking Patient: Compassionate Care for a Complex Problem*, Inpatient CME Pain Course, Kaiser Permanente Medical Center, San Jose, CA
11. Feb 2015 *Drug Addiction and the Internet: Justin's Story*, Psychiatry Grand Rounds, Alta Bates Summit Medical Center, Berkeley, CA
12. Feb 2015 *Pain, Addiction, and the Drug-Seeking Patient: Compassionate Care for a Complex Problem*, Santa Clara Valley Medical Center CME Symposium on Addiction, Santa Clara, CA
13. Mar 2015 *The Prescription Drug Epidemic: Technology as Both Friend and Foe*, Northern California Psychiatric Society Annual CME Conference, Monterey, CA
14. Sept 2015 *The Prescription Drug Epidemic: Preserving Compassion for the Drug-Seeking Patient*, Mills Peninsula Health Services CME Lecture Series, San Mateo, CA
15. Oct 2015 *Addiction Medicine: Managing Prescription Drug Misuse and Addiction, Emerging and Innovative Trends in Psychiatry and Behavioral Health*, Stanford University School of Medicine, Stanford, CA
16. Oct 2015 *The Prescription Drug Epidemic: How Doctors are Complicit, and How We Can Do Better*, Regional Medical Center of San Jose CME Lecture Series, San Jose, CA
17. Dec 2015 *Exploring Dual Diagnosis: What came first, the substance use disorder or*

*the psychiatric disorder, and does it even matter?* Mills Peninsula Health Services  
CME Lecture Series, San Mateo, CA

18. Jan 2016 *The Prescription Drug Epidemic and the Doctor Patient Relationship*, San Francisco General Hospital Primary Care Grand Rounds, San Francisco, CA
19. Mar 2016 *Protecting our Developing Youth: Adolescent Addiction, Prevention and Recovery*, Keynote Speaker, Adolescent Counseling Services, East Palo Alto, CA
20. Mar 2016 *Opioid Therapy for Chronic Non-Cancer Pain*, 2016 Third Annual Addiction Medicine Conference, San Jose Valley Medical Center, San Jose, CA
21. Mar 2016 *The Prescription Drug Epidemic*, Keynote Speaker, Stanford Annual Adjunct Faculty Retreat, Palo Alto, CA
22. Sept 2016 *Pharmacotherapy for Substance Use Disorders*, Department of Psychiatry Annual CME Conference, Stanford University School of Medicine, Stanford, CA
23. Nov 2016 *Prescription Drug Misuse and the Doctor Patient Relationship*, Psychiatry, San Mateo County Health Systems Grand Rounds, San Mateo, CA
24. Mar 2017 *The Worst Opioid Epidemic in U.S. History: How did we get here, and how can we get out?* Santa Cruz Health Care Initiative, Santa Cruz, CA
25. Mar 2017 *The Canary in the Coal Mine: The Prescription Drug Epidemic as a Symptom of a Faltering Health Care System* Valley Care Medical, Pleasanton, CA
26. Mar 2017 *Drug Dealer, MD: How Doctors Were Duped, Patients Got Hooked, and Why It's So Hard to Stop*, Northern California Psychiatric Society, Napa Valley, CA
27. Apr 2017 *Pharmacotherapy for Addictive Disorders*, Alta Bates Grand Rounds, Alta Bates Hospital Berkeley, CA
28. May 2017 *The Worst Opioid Epidemic in U.S. History: How did we get here, and how can we get out?* Stanford Health Matters, Stanford, CA
29. May 2017 *The Compassionate Doctor, the Suffering Patient, and the Prescription Drug Epidemic*, Central California Alliance for Health (the Alliance), Merced, California
30. May 2017 *The Compassionate Doctor, the Suffering Patient, and the Prescription Drug Epidemic*, Janus of Santa Cruz, Seaside, California
31. June 2017 *Overprescribing in the Elderly: Causes, Risks, and Interventions*, Keynote Speaker at the 17th Annual California Senior Injury Prevention Educational Forum, Oakland, CA

32. Feb 2018 *Is Marijuana a Harm Reduction Strategy?*, Stanford Psychiatry Grand Rounds, Stanford University School of Medicine, Stanford, CA
33. Mar 2018 *Raising T(w)eens in a Dopamine Saturated World*, Woodside Priory High School, Woodside, CA
34. Mar 2018 *Raising T(w)eens in a Dopamine Saturated World*, Sacred Heart High School, Menlo Park, CA
35. Apr 2018 *The Opioid Epidemic: What Doctors and Hospitals Can Do*, California Pacific Medical Center Internal Medicine Grand Rounds, San Francisco, CA
36. Apr 2018 *Adolescent Substance Abuse: Risk, Resilience, Prevention, and Treatment*, 2018 Adolescent Mental Wellness Conference, sponsored by Stanford University, Santa Clara, CA
37. Jul 2018 *Understanding the Opioid Crisis at the End of Life*, San Francisco Bay Area Hospice and Palliative Nurses Association, Stanford, CA
38. Aug 2018 *The Opioid Epidemic: How We Got Here, and How to Get Out*, Apple Corporation, Cupertino, CA
39. Oct 2018 *The Pleasure Pain Balance*, Los Altos High School “STEAM Week”, Los Altos, CA
40. Jan 2019 *From Freud to Fentanyl: The Opioid Epidemic as a Symptom of a Faltering Health Care System*, Internal Medicine Grand Rounds, Santa Clara Valley Medical Center, Santa Clara, CA
41. Feb 2019 *Our Other Prescription Drug Problem (Benzodiazepines and How to Taper)*, Internal Medicine Grand Rounds, San Mateo Medical Center, San Mateo, CA

#### ***National/International Audience***

1. Sept 2014 *The Complex Patient: Pain, Mental Illness, and Addiction*, California Society of Addiction Medicine Annual Review Conference, Anaheim, CA
2. Sept 2015 *The Prescription Drug Epidemic: Compassionate Care for a Complex Problem*, Psychiatry Grand Rounds Speaker, Oregon Health Sciences University, Portland, CA
3. Oct 2015 *Chronic Pain and Addiction: The Compassionate Doctor, The Narcissistic Injury, and the Primitive Defense*, California Society of Addiction Medicine, State of the Art Annual Conference, San Francisco, CA

4. Oct 2015 *Prescription Drug Misuse and the Doctor Patient Relationship*, Keynote Speaker, American Correctional Healthcare Services Association, Tailoring Health Care for Inmates, Sacramento, CA
5. Mar 2016 *Chronic Opioids: Shifting the Paradigm*, Keynote Speaker, Samaritan Center & Health Career and Training Center, Lebanon, OR
6. Jun 2016 *The Compassionate Doctor, the Drug Seeking Patient, the Narcissistic Injury, and the Primitive Defense*, Keynote Speaker, Cedar Sinai Annual Psychiatric Conference, Los Angeles, CA
7. Sept 2016 *Myths and Facts about Opioids*, DCRx: The DC Center for Rational Prescribing; <http://doh.dc.gov/dcrx>, Washington, DC
8. Sept 2016 *Getting Patients Off of Opioids*, DCRx: The DC Center for Rational Prescribing; <http://doh.dc.gov/dcrx>, Washington, DC
9. Oct 2016 *State of the Art Treatment for Substance Use Disorders and other Addictions*, Keynote Speaker, 3-part lecture series, Beijing University, #6 Hospital, Beijing, China
10. Jan 2017 *Effective Strategies for the Non-Adherent Buprenorphine Patient: Rational Monitoring and Contingency*, California Society of Addiction Medicine, Treating Addiction in the Primary Care Safety Net, Webinar
11. Feb 2017 *How to safely taper patients off high dose prescription opioids for chronic pain*, Keynote Speaker, California Center for Care Innovations, Treating Addiction in the Primary Care Safety Net, Los Angeles, CA
12. Feb 2017 *The Worst Opioid Epidemic in U.S. History: How did we get here, and how can we get out?* Stanford Parents Weekend Back to School, Stanford, CA
13. Feb 2017 *When Pain Treatment Becomes Addiction Treatment*, American Psychological Association Annual Meeting, San Francisco, CA
14. Feb 2017 *Parallel Crises: The Over and Under Prescription of Opioids*, American Association of Medical Colleges (AAMC) Webinar
15. Mar 2017 *How Doctors Contributed to the Opioid Epidemic, and What We Can Do to Fix It*, Intermountain Health Care Book Club Speaker for *Drug Dealer, MD*, Intermountain Health Care, Salt Lake City, UT
16. Mar 2017 *Drug Dealer, MD: How Doctors Were Duped, Patients Got Hooked, and Why It's So Hard to Stop*, Culture and Politics of Mental Health, Anthropology 1737-1020, Professor Tomas Matza, University of Pittsburgh, Pittsburgh, PA

17. Apr 2017 *Drug Dealer, MD: How Doctors Were Duped, Patients Got Hooked, and Why It's So Hard to Stop*, Stanford TEDx, Stanford, CA
18. Apr 2017 Invited speaker, 6th Annual Health Technology Forum Innovation Conference: Common Good! Stanford University School of Medicine, Stanford, CA
19. Apr 2017 *Drug Dealer, MD: How Doctors Were Duped, Patients Got Hooked, and Why It's So Hard to Stop*, Keynote Speaker, 8th Annual Lloyda C. Elam Symposium, Meharry Medical College, Nashville, TN
20. Apr 2017 *Drug Dealer, MD: How Doctors Were Duped, Patients Got Hooked, and Why It's So Hard to Stop*, Keynote Speaker, Association of Contextual Behavioral Sciences (ACBS), Chicago, IL
21. May 2017 *Invisible Forces Driving the Opioid Epidemic: From Disability Reform to Illness Narratives*, Keynote Speaker, OPG 6th Annual Pain Conference Agenda, Ashland, OR
22. May 2017 *Drug Dealer, MD: How Doctors Were Duped, Patients Got Hooked, and Why It's So Hard to Stop*, Internal Medicine Residency Program Invited Visiting Professor and Grand Rounds Speaker, Johns Hopkins Bayview Medical Center, Baltimore, MD
23. June 2017 *Invisible Forces Driving the Opioid Epidemic: From Disability Reform to Illness Narratives*, Keynote Speaker, PharmedOut Annual Conference, Georgetown University Medical Center, Washington, DC
24. Sept 2017 *The Opioid Epidemic*, Keynote Speaker, Department of Labor West Coast Symposium, San Francisco, CA
25. Sept 2017 *Treating Addiction without Feeding It*, Keynote Speaker, American Correctional Health Services Association (ACHSA) "Modern Challenges in Jails and Prisons", San Jose, CA
26. Sept 2017 *Invisible Forces Driving the Prescription Drug Epidemic: From Disability Reform to Illness Narratives*, Keynote Speaker, The International Benzodiazepine Symposium, Redmond, OR
27. Sept 2017 *Reframing Medical Practice Involving Controlled Substances*, Keynote Speaker, The Association of State and Territorial Health Officials (ASTHO) 2017 Annual Conference, Washington, DC
28. Oct 2017 *Drug Dealer, MD: How Doctors Were Duped, Patients Got Hooked, and Why It's So Hard to Stop*, Keynote Speaker, The Patient Safety Institute for Mission Health 3rd Annual National Patient Safety Conference – Cultivating a Culture of Safety, Asheville, NC

29. Nov 2017 *The Opioid Epidemic, How We Got Here, and How We Can Get Out*, Keynote Speaker, American Association of Medical Colleges, Learn, Serve, Lead, Boston, MA
30. Nov 2017 *The Opioid Fallout: Lives, Jobs and a Lost Generation*, Bloomberg News Live, The Year Ahead, Bloomberg Headquarters, New York City, NY
31. Nov 2017 *Drug Dealer, MD: How Doctors Were Duped, Patients Got Hooked, and Why It's So Hard to Stop*, Grand Rounds Speaker, Westchester Medical Center, Westchester, NY
32. Dec 2017 *The Opioid Epidemic: How We Got Here, and How We Can Get Out*, Keynote Speaker, Primary Care and Behavioral Health Integration Summit, Health Quality Partners, San Diego, CA
33. Jan 2018 *How to Survive in a Dopamine Saturated World*, Psychiatry Grand Rounds, Vanderbilt University School of Medicine, Nashville, TN
34. April 2018 *Drug Dealer, MD*, Keynote Speaker, STAR Trauma Recovery Center, Ohio State University Medical School, Columbus, OH
35. May 2018 *The Opioid Epidemic: What Doctors and Hospitals Can Do*, Alpha Omega Alpha Visiting Professorship, Psychiatry Grand Rounds, University of Kansas School of Medicine, Kansas City, KS
36. May 2018 *Opioids, Pain and Addiction Treatment: Pioneering Change*, Oregon Pain Guidance Annual Conference, Eugene, OR
37. June 2018 *The Opioid Epidemic, How We Got Here and How to Get Out*, Indiana Prosecuting Attorneys Council (IPAC), invited speaker, French Lick, IN
38. June 2018 *What is Addiction and How to Treat It*, Perrin's Opioid Litigation Conference, Dallas, TX
39. Aug 2018 Moderator, *Beyond Nature and Nurture – Social Determinants of Addiction and Health*, California Society of Addiction Medicine State of the Art Annual Conference, San Francisco, CA
40. Aug 2018 *Drug Dealer, MD: The Opioid Crisis*, Apple Corporation Wellness Outreach, Cupertino, CA
41. Sept. 2018 *The Opioid Epidemic: How We Got Here, and How to Get Out*, Public Funds Forum, Laguna Beach, CA
42. Sept 2018 *Drug Dealer, MD: The Opioid Crisis*, Baton Rouge Health District

Community Service Talk and Medical Center Grand Rounds, Baton Rouge, LA

43. Sept 2018 *Drug Dealer, MD: The Opioid Crisis*, Montrose Annual CME Conference, Montrose, CO
44. Oct 2018 *The Opioid Epidemic: From Freud to Fentanyl*, Keynote Speaker, PerformRX Pharmacy Benefits Manager Annual Conference, Orlando, FL
45. Oct 2018 *The Opioid Epidemic: How We Got Here, Where We Are Now, and How to Get Out*, Keynote Speaker, Distinguished Lecture Series, Annual Meeting of the American Academy of Psychiatry and the Law (AAPL), Austin, TX
46. Oct 2018 *Drug Dealer MD: The Opioid Epidemic*, Keynote Speaker, Psych Congress, Orlando, FL
47. Nov 2018 *The Opioid Epidemic: The View From Inside Medicine*, The Baldwin Seminar Distinguished Lecture Series, the ACGME, Chicago, IL
48. Dec 2018 *The Opioid Epidemic: From Freud to Fentanyl*, Tector Lecture: 69th Annual Refresher Course for Family Physicians, Montreal, Canada
49. Dec 2018 *How to Taper Patients Off of Chronic Opioid Therapy*: 69th Annual Refresher Course for Family Physicians, Montreal, Canada
50. Feb 2019 *The Opioid Epidemic: How We Got Here, Where We Are Now, and How to Get Out*, National Keynote Speaker, Ohio State University Inter-Professional Summit, Columbus, Ohio
51. Feb 2019 *The Opioid Epidemic: How We Got Here, Where We Are Now, and How to Get Out*, Keynote Speaker, Pain and Addiction Summit, AT&T Conference Center/University of Texas, Austin, TX

***United States Government Testimony/White House Appearances/Consulting***

1. Apr 2015 Expert testimony for the Congress of the United States, House of Representatives, Committee on Energy and Commerce, Subcommittee on Oversight and Investigations hearing entitled “Combatting the Opioid Abuse Epidemic: Professional and Academic Perspectives,” Washington, D.C. <https://democrats-energycommerce.house.gov/committee-activity/hearings/hearing-on-combatting-the-opioid-abuse-epidemic-professional-and>
2. Sept 2015 Expert testimony for the White House Symposium, “Medicine Responds to the Need for Addiction Expertise”, The Office of National Drug Control Policy, The White House, Washington, D.C. <https://obamawhitehouse.archives.gov/the-press-office/2015/09/18/white-house-drug-policy-office-hosts-%E2%80%9Cmedicine-responds-addiction%E2%80%9D>

3. Sept 2016 Expert testimony for the United States Senate, Committee of Homeland Security and Government Affairs, Permanent Subcommittee on Investigations, on the overuse and overprescribing of prescription opioids, “Combatting the Opioid Epidemic: A Review of Anti-Abuse Efforts by Federal Authorities and Private Insurers”, Washington, D.C.
4. Oct 2016 Expert testimony for the White House Symposium, “Academic Medical Centers as Centers of Excellence in Addiction Medicine”, The Office of National Drug Control Policy, The White House, Washington, D.C.  
<http://www.abms.org/news-events/white-house-symposium-briefing-session-on-addiction/>
5. May 2017 Provided consultation on curbing the opioid epidemic to Nevada’s Office of the Governor
6. May 2017 Provided consultation on curbing the opioid epidemic to Kentucky’s Office of the Governor
7. Sept 2017 Expert Spoken and Written Testimony for the Congress of the United States, House of Representatives, “Addiction Medicine: The Urgent Need for Trained Physicians”, hosted by The Addiction Medicine Foundation and co-sponsored by the Congressional Prescription Drug Abuse Caucus, the Congressional Addiction Treatment and Recovery Caucus, and the Congressional Bipartisan Heroin Task Force <https://www.youtube.com/watch?v=y6kBoQckmHw>
8. Jan 2018 Expert testimony in federal court, Judge Dan Polster presiding, in the multi-district litigation lawsuit against opioid manufacturers and distributors  
<https://www.law360.com/articles/1008010/inside-the-opioid-mdl-s-big-closed-door-hearing>
9. March 20, 2019 Testimony by Stanford University Professor Anna Lembke to Joint Hearing of Senate and General Assembly Health and Human Services Committees on “Opioids, cannabis, and vaping: Using science to protect public health” State of Rhode Island

#### ***Media Appearances (last 5 years)***

1. Apr 2015 *Public Radio International-To the Point*, hosted by Warren Olney, prescription opioid and heroin abuse in America, invited expert.
2. Oct 2015 *OnPoint, National Public Radio*, the prescription opioid epidemic, invited expert
3. Mar 2016 *Al Jazeera* live programming, the new CDC guidelines on opioid prescribing, invited expert

4. Mar 2016 *KCBS Radio*, San Francisco, the new CDC guidelines on opioid prescribing, invited expert
5. Apr 2016 *The Today Show* on NBC, NY, New York, appearance with Mehmet Oz discussing “The Opioid Epidemic”
6. May 2016 *KCBS Radio*, San Francisco, the FDA approves Probuphine, a buprenorphine implant, invited expert
7. Oct 2016 *Opioids: Last Week Tonight with John Oliver* (HBO),  
<https://www.youtube.com/watch?v=5pdPrQFjo2o>
8. Nov 2016 *Sirius XM Radio*, invited guest to discuss *Drug Dealer, MD: How Doctors Were Duped, Patients Got Hooked, and Why It's So Hard to Stop*
9. Nov 2016 *Wisconsin Public Radio's "Central Time" Show*, invited guest to discuss *Drug Dealer, MD: How Doctors Were Duped, Patients Got Hooked, and Why It's So Hard to Stop* <http://www.wpr.org/connection-between-illicit-drugs-and-doctors>
10. Nov 2016 *The Healthcare Policy Podcast with David Introcaso*, invited podcast to discuss *Drug Dealer, MD: How Doctors Were Duped, Patients Got Hooked, and Why It's So Hard to Stop* <http://www.stitcher.com/podcast/david-introcaso-2/the-healthcare-policy-podcast/e/what-explains-the-opioid-epidemic-dr-anna-lembke-discusses-48277528>
11. Nov 2016 *Straight Talk MD with Frank Sweeny* invited podcast to discuss *Drug Dealer, MD: How Doctors Were Duped, Patients Got Hooked, and Why It's So Hard to Stop* <http://straighttalkmd.com/podcast/drug-dealer-md-opioid-epidemic-anna-lembke-md/>
12. Nov 2016 *Conversation on Healthcare Reach MD Radio*, invited guest to discuss *Drug Dealer, MD: How Doctors Were Duped, Patients Got Hooked, and Why It's So Hard to Stop* <http://www.chcradio.com/episode.php?id=360>
13. Nov 2016 *KALW Local Public Radio*, invited guest to discuss *Drug Dealer, MD: How Doctors Were Duped, Patients Got Hooked, and Why It's So Hard to Stop* <http://kalw.org/post/city-visions-how-doctors-fueled-opioid-epidemic#stream/0>
14. Nov 2016 *Forum with Michael Krasny (KQED-FM)* invited panelist to discuss “The Surgeon General’s Report: Facing Addiction in America,”  
<https://ww2.kqed.org/forum/2016/11/28/addiction-is-illness-not-a-moral-failing-says-surgeon-general/>
15. Nov 2016 *Stanford Scope 1:2:1 Podcast with Paul Costello* invited podcast to discuss *Drug Dealer, MD: How Doctors Were Duped, Patients Got Hooked, and Why*

*It's So Hard to Stop* <http://med.stanford.edu/news/all-news/one-to-one/2016/drug-dealer--md--how-physicians-are-fueling-the-opioid-epidemic.html>

16. Dec 2016 *Straight Talk MD with Frank Sweeny* invited podcast to discuss “The Surgeon General’s Report: Facing Addiction in America,”  
<https://www.acast.com/straighttalkmd/facing-addiction-in-america-the-surgeon-generals-report>
17. Dec 2016, *NPR Fresh Air with Terry Gross* 'Drug Dealer, M.D.': Misunderstandings And Good Intentions Fueled Opioid Epidemic invited interview to discuss *Drug Dealer, MD: How Doctors Were Duped, Patients Got Hooked, and Why It's So Hard to Stop* <http://www.npr.org/sections/health-shots/2016/12/15/505710073/drug-dealer-md-contends-that-well-meaning-docs-drove-the-opioid-epidemic>
18. Dec 2016 *The Jimmy Moore Show* invited podcast to discuss *Drug Dealer, MD: How Doctors Were Duped, Patients Got Hooked, and Why It's So Hard to Stop*
19. Feb 2017 *WILK Radio, The Sue Henry Show* invited guest to discuss *Drug Dealer, MD: How Doctors Were Duped, Patients Got Hooked, and Why It's So Hard to Stop*
20. Feb 2017 Reach, MD with host John J. Russell, MD invited guest to discuss *Drug Dealer, MD: How Doctors Were Duped, Patients Got Hooked, and Why It's So Hard to Stop* <https://www.reachmd.com/programs/book-club/drug-dealer-MD-how-doctors-duped-patients-hooked-why-so-hard-stop/8512/>
21. Mar 2017 *MSNBC with Chris Hayes*, live guest appearance to discuss the opioid epidemic in West Virginia <https://www.youtube.com/watch?v=0Ar30-kDSUQ&sns=em>
22. Mar 2017 *Stanford Law School Wellness Project Podcast*, with Dr. Joseph Bankman and Dr. Sarah Weinstein, to discuss *Drug Dealer, MD: How Doctors Were Duped, Patients Got Hooked, and Why It's So Hard to Stop* [www.law.stanford.edu/wellnessproject](http://www.law.stanford.edu/wellnessproject)
23. Mar 2017 *SiriusXM's Tell Me Everything with John Fugelsang*, invited guest to discuss *Drug Dealer, MD: How Doctors Were Duped, Patients Got Hooked, and Why It's So Hard to Stop*
24. June 2017 *The Texas Standard* Radio Show, invited guest to discuss the FDA decision to ask Endo Pharmaceuticals to withdraw Opana ER from the market <http://www.texasstandard.org/stories/fda-wants-painkiller-favored-by-opioid-abusers-off-the-market/>
25. June 2017 *NBC Television Sunday Night with Megyn Kelly*, invited expert to discuss marijuana legalization <http://www.nbc.com/sunday-night-with-megyn-kelly/video/sunday-night-with-megyn-kelly/3536915>

26. June 2017 *KCBS Radio in San Francisco* invited guest to discuss the ongoing opioid epidemic
27. July 2017 KPCC's AirTalk with host Larry Mantle, live guest appearance to discuss the opioid crisis <http://www.scpr.org/programs/airtalk/2017/07/20/58084/in-the-context-of-the-opioid-crisis-doctors-discus/>
28. July 2017 Jose Calderon Mindful Psychiatry Live Radio and Podcast, invited guest to discuss *Drug Dealer, MD: How Doctors Were Duped, Patients Got Hooked, and Why It's So Hard to Stop* <http://wholebodymentalhealth.libsyn.com/hard-pill-to-swallow-drug-dealer-md-with-dr-anna-lempke-md-7-5-17>
29. Aug 2017 KQED Forum with Michael Krasny Live Radio Broadcast, invited guest to discuss *Rise in High-Risk Drinking a Public Health Crisis, New Study Finds*
30. Aug 2017 MSNBC with Chris Hayes, live guest appearance to discuss President Trumps inaction on the opioid epidemic <http://www.msnbc.com/all-in/watch/donald-trump-has-done-nothing-on-the-opioid-crisis-1032009795986>
31. Sept 2017 KPCC's AirTalk with host Larry Mantle, live guest appearance to discuss CVS Pharmacy's announcement it will limit opioid prescriptions to seven days for certain conditions for new patients seeking drugs for pain relief.  
<http://www.scpr.org/programs/airtalk/2017/09/22/59288/how-much-would-cvs-s-7-day-limit-on-painkiller-pre/>
32. Oct 2017 BBC Newshour on BBC World Service radio on the opioid epidemic with host James Menendez <http://www.bbc.co.uk/programmes/w172vghc8jkrr3g>
33. Oct 2017 NBCUniversal live in the studio with Dr. John Torres, One Nation Overdosed: Doctors Speak Out <http://qlnk.io/ql/59f0f15be4b0945e5d8ff73f>
34. Oct 2017 KPIX 5 CBS San Francisco Trump declares the opioid epidemic a public health emergency <http://sanfrancisco.cbslocal.com/video/3752604-critics-say-trumps-opioid-announcement-doesnt-go-far-enough/>
35. Oct 2017 KPIX 5 CBS San Francisco commentator on bay area parents using marijuana <http://sanfrancisco.cbslocal.com/2017/11/04/marin-mom-marijuana-makes-her-better-parent/>
36. Jan 2018 KQED with Brian Watt on "smartphone addiction"  
<https://soundcloud.com/kqed/investors-urge-apple-to-take-action-to-curb-digital-device-overuse-among-children>
37. Feb 2018 Sirius/XM radio with Clare Marie Gauthier, Co-Host, Dave Nemo Weekends, RadioNemo of North America, on the opioid epidemic and *Drug Dealer*,

*MD: How Doctors Were Duped, Patients Got Hooked, and Why It's So Hard to Stop*

38. Feb 2018 KQED News radio, report on Purdue Pharma's decision to stop marketing opioids directly to doctors
39. Feb 2018 NPR Smartphone Detox, How to Power Down in a Wired World  
<https://www.npr.org/sections/health-shots/2018/02/12/584389201/smartphone-detox-how-to-power-down-in-a-wired-world>
40. Mar 2018 Sirius/XM Radio with Clare Marie Gauthier, Co-Host, Dave Nemo Weekends, RadioNemo of North America, on addiction treatment
41. Mar 2018 Sirius/XM Radio "Doctor Radio", on the silent benzodiazepine epidemic
42. Mar 2018 Sirius XM Radio: POTUS Channel 124, "Steele & Ungar", on new Center for Medicare and Medicaid Services regulations to restrict opioid prescribing
43. Mar 2018 KPCC's AirTalk with host Larry Mantle, live guest appearance to discuss new Center for Medicare and Medicaid Services regulations to restrict opioid prescribing
44. Mar 2018 Science VS. with Rose Rimler, "Opioids: Kicking America's Addiction"  
<https://www.gimletmedia.com/science-vs/opioids-kicking-americas-addiction#episode-player>
45. April 2018 KQED Forum with Michael Krasny, Medical Community Divided On Medicare's Policy to Shorten High-Dose Opioid Prescriptions, live guest appearance, <https://www.kqed.org/forum/2010101864587/medical-community-divided-on-medicares-policy-to-shorten-high-dose-opioid-prescriptions>
46. May 2018 Radio Health Journal with Reed Pence: The Opioid Epidemic, [http://mediatracks.com/shows/RHJ\\_18-17.mp3](http://mediatracks.com/shows/RHJ_18-17.mp3)
47. May 2018 Straight Talk MD: Health | Medicine | Healthcare Policy | Health Education | Anesthesiology, The Cannabis Conversations: Part II with Anna Lembke MD <http://straighttalkmd.com/podcast/the-cannabis-conversations-part-ii-with-anna-lembke-md/>
48. June 2018 The Future of Everything with Russ Altman (Stanford Radio), 06/18/18. In a recent segment on Stanford Radio, **Russ Altman** discussed the rise of the opioid epidemic in the United States with **Anna Lembke**. <https://soundcloud.com/user-458541487/facing-addiction-with-guest-anna-lembke>
49. July 2018 NBC News with Dr. John Torres to discuss benzodiazepines  
[https://www.nbcnews.com/nightly-news/video/is-anti-anxiety-medication-the-next-u-s-drug-crisis-1287215683720?cid=eml\\_onsite](https://www.nbcnews.com/nightly-news/video/is-anti-anxiety-medication-the-next-u-s-drug-crisis-1287215683720?cid=eml_onsite)

50. October 2018, Featured in NOVA/PBS documentary ADDICTION, Produced, Directed and Written by Sarah Holt, Co-producer Julie Crawford  
<http://www.holtproductions.org>; <http://www.pbs.org/wgbh/nova/body/addiction.html>
51. March 11, 2019 Features on Spectrum News In Focus, What's Causing the Opioid Crisis, with Renee Eng, <https://spectruminfocus.com/section/in-focus/in-focus/2019/03/11/in-focus--what-s-causing-the-opioid-crisis#>